



## 2019 Tri-ing for Children's Triathlon Kids Race Race Week Update

### Race Location:

Ottawa Lake State Park  
S59 W36530 County ZZ  
Dousman, WI 53118

### Early Packet Pick-up Location:

Endurance House of Delafield  
2736 Hillside Drive  
Delafield, WI 53018

### SCHEDULE

#### Friday, July 26, 2019

Start	End	Activity	Location
2:00 PM	5:00 PM	Adults & Kids Early Packet Pick-up	Endurance House of Delafield 2736 Hillside Drive Delafield

#### Saturday, July 27, 2019

Start	End	Activity	Location
6:30 AM	7:45 AM	Packet Pick-up, Body Marking, Timing Chip Pick-up, Transition Open	Ottawa Lake Parking Lot
	7:45 AM	TRANSITION CLOSES	Ottawa Lake Parking Lot
<b>No one will be allowed in transition after it closes at 7:45 AM</b>			
7:45 AM	8:00 AM	Mandatory Race Meeting	Ottawa Lake Beach
8:00 AM		Kid's Race Start	Ottawa Lake Beach
(11-14) / (7-10) / (5-6) / (3-4) Each race will be completed before the next one starts			
Approx 11:15 AM		Awards	Ottawa Lake Beach

### PACKET PICK-UP LOCATIONS & TIMES

- Early Packet Pick-Up, Endurance House of Delafield 2736 Hillside Dr, Delafield, WI
  - Friday July 26, 2019, 2:00 PM - 5:00 PM
- Race Day Packet Pick-Up – Saturday, July 27, 2018 – 6:30 AM - 7:45 AM
  - Transition closes at 7:45 AM

- You **MAY** pick up someone else's packet!

### **MANDATORY - RACE DAY**

- Body marking (race number on left arm and calf).
  - Timing chip (to be worn around ankle, No timing chip = NO RACE = no fun).
- BEFORE STARTING THE RACE, YOU MUST BE WEARING YOUR TIMING CHIP, SWIM CAP, AND BE BODY MARKED!!!!**

### **PARKING**

- State Park parking lots will be open and available for parking. Try to arrive early as parking will become congested.
- Please obey the "NO Parking" signs; they are for the safety of the athletes.
- Vehicles parked improperly or that interfere with the race **WILL** be towed.

### **AWARDS**

Results will be posted with each event and the awards ceremony will be held at approximately 11:15 AM by the finish line.

### **WAVE SCHEDULE**

#### **\*\*\* AGE ON RACE DAY \*\*\***

<b>WAVE</b>	<b>START TIME</b>	<b>AGE GROUP</b>
1	08:00 AM	11 - 14
2	After completion of previous race	7 - 10
3	After completion of previous race	5 - 6
4	After completion of previous race	3 - 4

### **TRANSITION**

**THE TRANSITION AREA IS FOR RACE PARTICIPANTS ONLY AND IS CLOSED TO SPECTATORS**

- The transition will be open from 6:30 AM - 7:45 AM.
- Ages 3-4 will be allowed one parent to assist during the race.
- Transition will open in between each race for approximately 5 minutes.

### **WEATHER**

- Please be prepared for any type of weather, from rain to extreme heat.
- In the event of extreme or dangerous weather, the race director has the right to alter or cancel the race to keep the participants safe.
- If the race is altered or canceled due to weather, there will be NO refunds.

### **AID STATIONS**

- The bike course does not have any aid stations.
- The run will have one aid station .5 miles onto the course.

### **POST-RACE SNACKS**

There will be some light snacks and refreshments available post-race.

### **ONLINE RESULTS**

Results will be posted on our [website](#), [Online Race Results](#) and the Race Day Events [app](#)!

## **MEDICAL SERVICES**

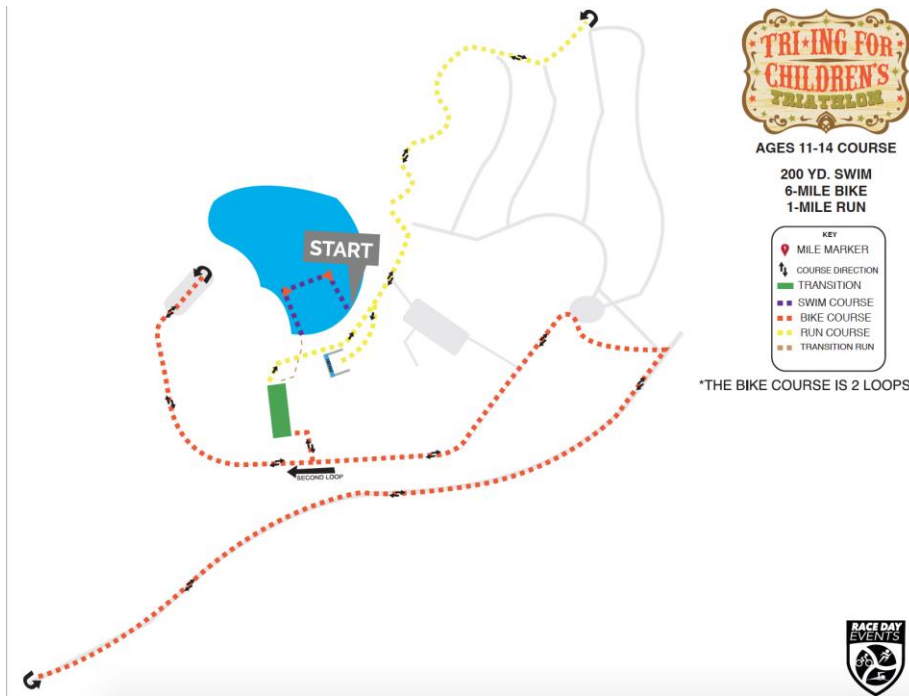
Medical services will be located in the parking lot by the finish line. Please alert any staff or volunteers if a medical situation arises.

## **PETS**

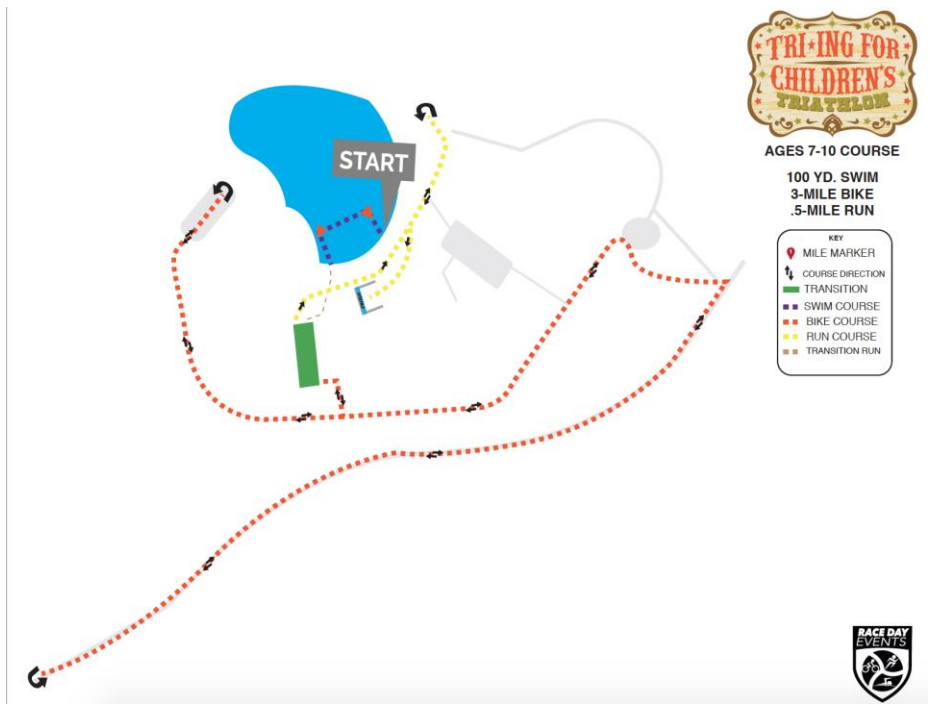
Please, no pets at the race site. Pets can create hazards and distractions and are not allowed in the park by City Ordinance.

## **COURSE MAPS (please click image for online PDF version)**

### **Ages 11-14**



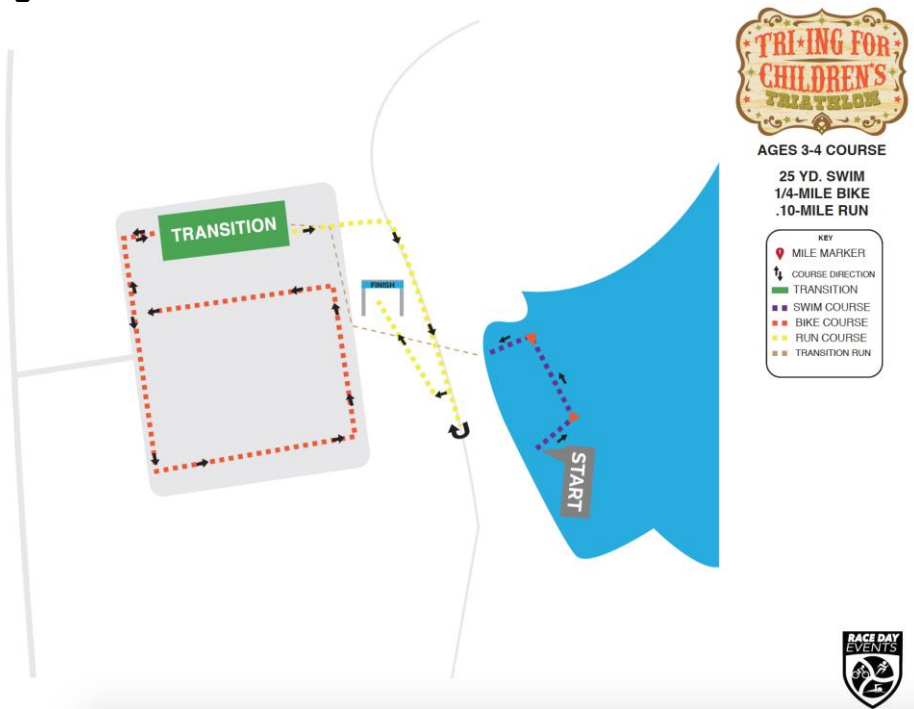
# Ages 7-10



# Ages 5-6



Ages 3-4



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