



Kid's Race

2017 Tri-ing for Children's Triathlon Race Week Update

Race Location:

Ottawa Lake State Park
S59 W36530 County ZZ
Dousman, WI 53118

Early Packet Pick-up Location:

Endurance House of Delafield
2736 Hillside Drive
Delafield, WI 53018

SCHEDULE

Friday, July 28, 2017

Start	End	Activity	Location
2:00 PM	5:00PM	Adults & Kids Packet Pick-up	Endurance House of Delafield 2736 Hillside Drive Delafield

Saturday, July 29, 2017

Start	End	Activity	Location
6:30 AM	7:45 AM	Packet Pick-up, Body Marking, Timing Chip Pick-up, Transition Open	Ottawa Lake Parking Lot
	7:45 AM	TRANSITION CLOSES	Ottawa Lake Parking Lot
(No one will be allowed in transition after it closes at 7:45am)			
7:45 AM	8:00 AM	Mandatory Race Meeting	Ottawa Lake Beach
8:00 AM		Kid's Race Start	Ottawa Lake Beach
(11-14) / (3-4) / (5-6) / (7-10) Each race will be completed before the next one starts			
Approx 11:15 AM		Awards	Ottawa Lake Beach

PACKET PICK-UP LOCATIONS & TIMES

- Early packet pick-up, Endurance House of Delafield 2736 Hillside Drive, Delafield, WI
- Friday July 28, 2017, 2:00 PM - 5:00 PM
- Race day packet pick-up – Saturday, July 29, 2017 – 6:30 AM - 7:45 AM
(Transition closes at 7:45 AM)
- **You MAY pick up someone else's packet!**

MANDATORY - RACE DAY

- Body marking (race number on left arm and calf).
- Timing chip (to be worn around ankle, No timing chip = NO RACE = no fun).

**BEFORE STARTING THE RACE YOU MUST BE WEARING YOUR TIMING
CHIP, SWIM CAP, AND BE BODY MARKED!!!!**

PARKING

- Park parking lots
- Arrive early as parking will become congested.
- Please obey the "NO Parking" signs; they are for the safety of the athletes.
- Vehicles parked improperly or that interfere with the race **WILL** be towed.

AWARDS

Results will be posted with each event and the awards ceremony will be held at approx 11:15am by the finish line.

WAVE SCHEDULE

***** AGE ON RACE DAY *****

WAVE	START TIME	AGE GROUP
1	08:00 AM	11 - 14
2	After completion of previous race	3 - 4
3	After completion of previous race	5 - 6
4	After completion of previous race	7 - 10

TRANSITION

THE TRANSITION AREA IS FOR RACE PARTICIPANTS ONLY AND IS CLOSED TO SPECTATORS

- The transition will be open from 6:30am-7:45am.
- Ages 3-4 will be allowed one parent to assist during the race.
- Transition will open in between each race for approx. 5 min.

WEATHER

- Please be prepared for any type of weather, from rain to extreme heat.
- In the event of extreme or dangerous weather, the race director has the right to alter or cancel the race to keep the participants safe.
- If the race is altered or canceled due to weather, there will be NO refunds.

AID STATIONS

- The bike course does not have any aid stations.
- The run course has one aid station that will be stocked with water.

POST RACE SNACKS

There will some light snacks and refreshments.

ONLINE RESULTS

Results will be posted on Online Race Results and we will have a shortcut on the Tri-ing for Children's Triathlon home page.

MEDICAL SERVICES

Medical services will be located in the parking lot by the finish line. Please alert any staff or volunteers if a medical situation arises.

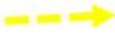


PETS

Please, no pets at the race site. Pets can create hazards and distractions and are not allowed in the park by City Ordinance.

COURSE MAPS

Tri-ling for Children's Triathlon|
Ages 3 - 4
25-Yard Swim | 1/4-Mile Bike | .10-Mile Run



- SWIM 
- BIKE 
- RUN 

Tri-ing for Children's Triathlon

Ages 5 - 6

50-Yard Swim | 1-Mile Bike | .25-Mile Run



SWIM 

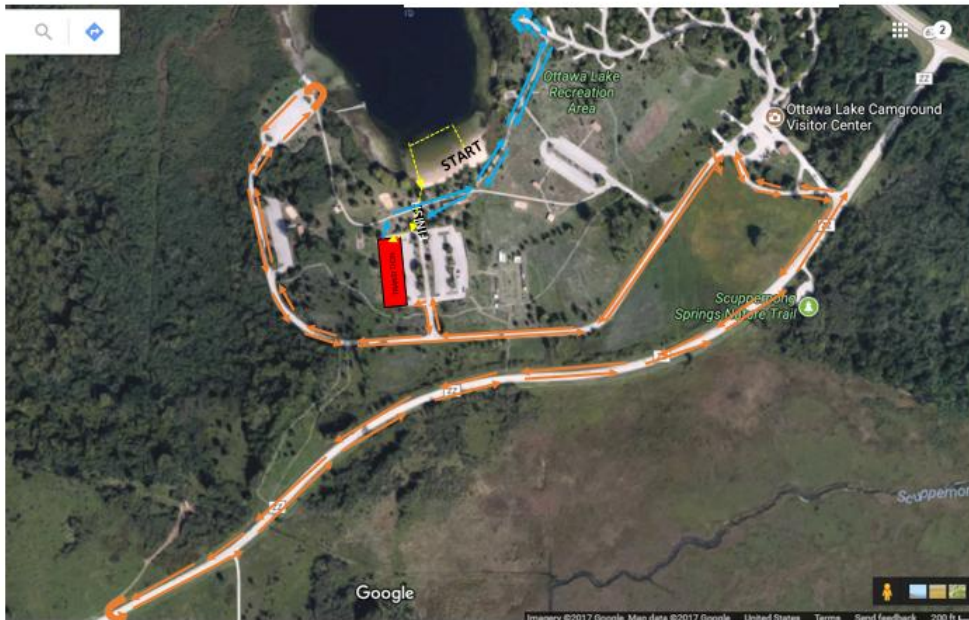
BIKE 

RUN 

Tri-ing for Children's Triathlon

Ages 7 - 10

50-Yard Swim | 1-Mile Bike | .25-Mile Run

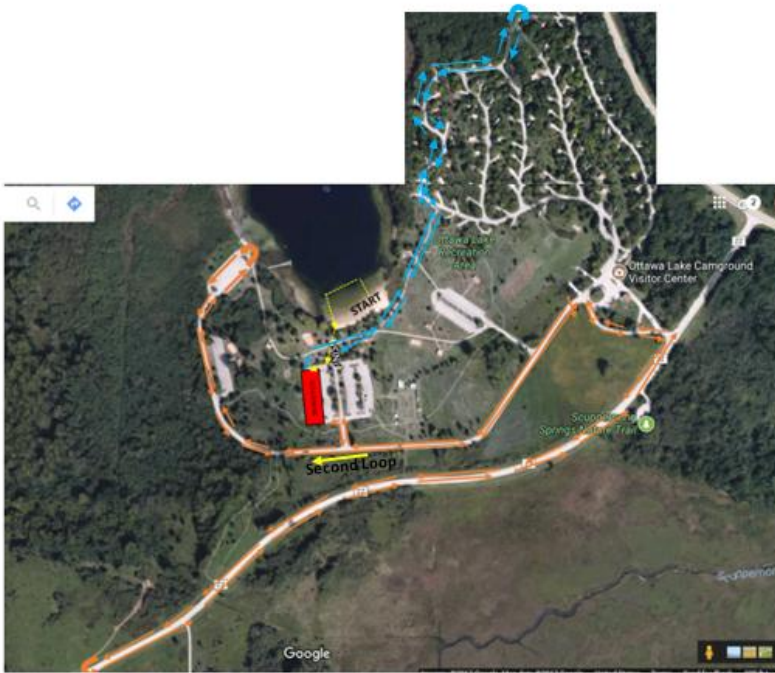


SWIM 

BIKE 

RUN 

Tri-ing for Children's Triathlon
Ages 11 - 14
200-Yard Swim | 6-Mile Bike | 1-Mile Run



SWIM 

BIKE 
2 LOOPS

RUN 